

family
action

we are
child
friendly
Leeds

Leeds Young Carers Support Service

Does someone in your family need your help because they are disabled, living with a physical or mental illness or have a difficulty with alcohol or drugs?

Are you under 18 and regularly help with:

- Dressing, washing, medication or moving around?
- Household tasks like cleaning, shopping, or cooking?
- Emotional support or do you worry about someone?

Since I talked to someone, mum is getting more support at home and I have time for school and my friends"

Personalised offer of support:

- Advice and guidance
- Young Carers Assessment
- One-to-one support
- Ambassadors Programme
- Peer support

For information and support contact us:



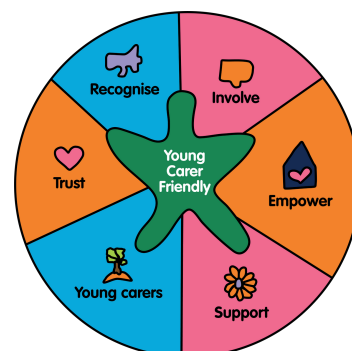
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