



- Do you have a child or young person who is living with **ADHD or Autism?**
- · Is your child waiting for a diagnosis of neurodivergence?
- Do you need advice or support around behaviours in your child or young person which might be indicative of neurodivergence?

Delivered by Family Action and supported by Sheffield Parent Hub, Sheffield Family Hubs and Sheffield City Council.

Our informal drop in coffee sessions are a chance to have a chat with other parents/carers who are experiencing similar concerns. You will also have the chance to meet staff from NeurodiverCity Sheffield, Sheffield Family HUBS, Ryegate, and other agencies who support families with neurodivergence.

Come along for help, support, advice and information... you will be in good hands.

At Lowedges Community Centre:

Tuesday 11th February, 9.30am-12.00pm

Tuesday 13th May, 9.30am-12.00pm

No diagnosis or booking required!

For more information about our service,



or visit family-action.org.uk

neurodiverCity.sheffield@family-action.org.uk



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NeurodiverCity Sheffield

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