

Information and Support

Knowing where to turn for information and support can feel overwhelming. We have collated some links to local and national sources of information and support which you may find helpful.

Autism

NHS:

<https://www.nhs.uk/conditions/autism/>

National Autistic Society:

For autistic adults and children, and their families.

www.autism.org.uk

Ambitious about Autism:

For autistic children and young people, their parents and carers.

www.ambitiousaboutautism.org.uk

ADHD

NHS:

<https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd/>

How to ADHD:

<https://howtoadhd.com/>

ADHD Foundation:

<https://adhdfoundation.org.uk/>

Financial and other support

Disability Living Allowance for Children:

www.gov.uk/disability-living-allowance-children

Once in receipt of DLA for children, this can passport you to other financial support:

Cinema Card (CEA) - www.ceacard.co.uk/

Travel Pass - www.sheffield.gov.uk/zerofare

Sheffield City Council Short Break - www.sheffield.gov.uk/home/social-care/short-breaks

Personal Independence Payment (PIP):

www.gov.uk/pip

Access card:

A photo ID that can be used to easily communicate your access requirements to events and venues, so that the venues can provide accessibility to the needs of their visitors. It also works online with other platforms like ticketing systems, to unlock the access facilities you need.

<https://www.accesscard.online>

National disability card:

The National Disability Card and National Carers Card allow quick and easy visual identification of carers and disabled people to help them show that they may require assistance.

<https://www.disabilityid.co.uk>

Sheffield Directory

Get information and advice, and discover local groups, activities and services in your area
<https://www.sheffielddirectory.org.uk>

Agencies that offer further support

Sheffield SENDIAS:

SENDIAS is a statutory service offering free impartial, confidential, information advice on education and related health and social care matters.

<https://sheffieldsendias.org.uk/>

Sheffield Parent Hub:

Sheffield Parent Hub has a range of programmes specifically designed for parents and carers of children with special educational needs and disabilities (SEND). They also offer support regarding sleep.

<https://www.sheffield.gov.uk/social-care/children/positive-parenting>

Sheffield parent carer forum:

An independent, parent-led organisation which brings together parents and carers of children and young people with disabilities and/or special educational needs from across Sheffield to support each other and share information.

www.sheffieldparentcarerforum.org.uk

Sheffield Mencap & Gateway:

A charity supporting people with a learning disability or autism, their family and carers in Sheffield. They are dedicated to providing long-term support needed by the learning disability community.

<https://www.sheffieldmencap.org.uk/>

Special Asperger's, Children and Carer's together:

ACCT are a friendly charity led by parent-carers of autistic children and young people. They aim for all autistic people in Sheffield to be valued and be supported to live happy and fulfilling lives.

<https://acctsheffield.org.uk/>

Special Needs Inclusion Playcare Services (SNIPS):

Parents and carers can refer themselves to the service by contacting SNIPS: 0114 273 5368 or SnipsBusinessSupport@sheffield.gov.uk

Young person's and parent's mental health resources:

<https://www.youngminds.org.uk/parent/>

<https://www.kooth.com/>

<https://www.golddiggertrust.co.uk/>

<https://www.sheffieldmentalhealth.co.uk/services/door-43>