

## Referral Based Family Support

**Empowering Parents, Empowering Communities.** 

Family Action are a registered charity commissioned by Staffordshire County Council to deliver the 0–19 Family Support & Outreach Service in Cannock, Newcastle-Under-Lyme, South Staffordshire, Stafford and Staffordshire Moorlands.

All families go through changes but transitioning between different stages in your family's life can often feel difficult or overwhelming.

Family Support Workers are able to provide support for children and young people from O-19 years and up to 25 years for those with Special Educational Needs and Disabilities.

They can also help parents and carers with vulnerabilities, which are affecting family life.

Scan for more info





- Parenting skills and strategies
- Building healthy relationships
- Emotional wellbeing
- Staying safe in the community
- Building confidence and self esteem
- Child development
- Building positive relationships between home and school
- Housing and financial issues
- Retuning to employment or education
- Developing positive community relationships
- Access to local services and facilities

For more information or to make a referral:

Moorlands & Newcastle: 01782 228 963 Cannock & South Staffs: 01543 735 699

Stafford: 01785 558 172

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