



National Resources and Useful Contacts for Parents, Children and extended Family members

Click on the links to direct you to the following websites;

www.cafcass.gov.uk - Lots of useful information on all aspects of separation, Parenting plan and Family Justice and Young Peoples Board.

- www.nfm.org.uk - Information on how to find a local Family Mediator and other useful Mediation information
- www.sortingoutseparation.org.uk - Useful information and helpful government advice
- [Co-parenting after divorce or separation free online parenting course | Family Lives](#) – details of online courses for parents who are separated and looking for tools to co-parent effectively.
- [Parenting after separation course | Separated parents course](#) – tools and techniques taught through a free online course to support separated parents.
- www.dad.info/article/category/family/divorce-and-separation/ Managing conflict without destroying your relationship
- www.singleparents.org.uk/parenting/contact/when-you-and-yourex-disagree Single Parent Action Network. Practical advice on all aspects of parenting and relationships.
- www.gingerbread.org.uk - Advice and practical support for single parents
- www.wikihow.com/cope-with-separation - Information and techniques on how to cope with separation
- www.afathersfriend.co.uk - Information and support for fathers going through the court process
- www.kinship.org.uk - Information for all carers including grandparents, siblings and extended family members
- www.proud2be.org.uk - a grassroots queer-led social enterprise that exists to support and enable LGBTQIA+ people in Devon (and beyond) to thrive, be free, safe, and proud to be themselves.

Government Websites;

Local information such as Local Authorities, Children's Centres and Hubs can be found by searching the web, putting in the area you live and the service you require.

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