

Everyone has the right to live a life free from domestic abuse and sexual violence

We are a partnership of three charities working together to build a safer community and create long-lasting positive change.

Survive & Thrive's Integrated Children's Service work with families in the Bradford District who have experienced domestic abuse.

Survive & Thrive treat our service users, our volunteers, our partners and each other with dignity and respect, and embrace individual and collective diversity.

Our inclusive service ensures individuals, children and their families have access to a high-quality service. Working with them to be safer, to understand and manage the impact of trauma, and to increase stability.

If you need support or advice please call One Front Door on: **0808 2800 999**

For more information visit our website: www.family-action.org.uk or scan the QR code

Email: surviveandthrive_bradford@family-action.org.uk (General office enquiries only)

SCAN ME



Survive and Thrive
Bradford

Delivered by WomenCentre, Staying Put and Family Action

Survive & Thrive Integrated Children's Service

Supporting children and families who have experienced Domestic Abuse



Delivered by WomenCentre, Staying Put and Family Action

Have you and your family been affected by Domestic Abuse?

It can be hard to be a parent and have fun with your children when you are experiencing or recovering from Domestic abuse.

We will help you...

How we can work with you...



Understand the effects of domestic abuse on your child and find ways to support them through play and creative activities.



And your child to manage the negative impacts of trauma that may be affecting their daily life such as anxiety, nightmares and difficulty managing emotions.



We will invite you to meet with us and talk about the things that you and your children are struggling with.



We will decide together what kind of change you would like to see.



We will agree a plan of what we will do together.



Get along better as a family recovering from domestic abuse.



Find fun ways to reconnect with your children.



We will listen and treat you with respect.



We will be clear about what we can and can't do.



We will help you to access other Survive & Thrive services such as counselling, Independent Domestic Violence Advocacy, and employment support.