

Do you sometimes:

- Find it a lot harder to learn than others in your class? or
- Struggle to move around your school or college? or
- Find it hard to make & keep friends & understand friendships? or
- Find it hard to use equipment or resources, or join in activities?



If so, you might have Special Educational Needs (This is often shortened to SEN)

What support could I get?

- A special learning programme
- Extra materials and equipment
- Extra help from a teacher or assistant
- Working in a smaller group
- Advice from experts like doctors
- Support with things like eating, getting around school safely
- Help to take part in the class activities
- Help to understand friendships & what is said



What can you do?

You can talk to your parents or carers.

You can ask your school about SEN support.

If you have any questions, you can contact Solihull SENDIAS on **0121 516 5173** or email Solihullsendias@family-action.org.uk. We are a free service, we are impartial- which means we don't take sides, we look at what the law says & help you understand what that means for you.



“A Graduated Approach”

The law says that if you have SEN, school should take action to make sure that there is support in place and there is nothing stopping you from learning.

School will work with you (& your family) to assess your needs, plan and provide your support, and review how you are getting on:

Assess

School will find out what your needs are. They will talk to you, your teachers, your parents. They will look at your progress and any difficulties you have. They may ask other professionals (like an Educational Psychologist - EP, or specialist teacher –SISS) to get involved to either help you or tell them what to do.

Plan

If school decide you need extra support – they will write a plan. This may be called ‘My Plan’, a SEN Support Plan, an Individual Education Plan (IEP). These are used to set targets/goals & say how they will help you succeed. They also say when your plan will be reviewed.



Do

Everybody that works with you will follow this plan.

Review

School will check if your plan is working. This is called a review. You should be included in the review and in planning what to do next, they may also ask your parents/carers to attend. You can talk to school about your plan. If it is not working, you can talk about changing the plan. Perhaps you need more or different help.

What if you need more help?

If you have a My Plan/SEN Support Plan, but you still need more help, there are other options: one of them could be to ask the Local Authority for an EHC needs assessment.



By gradually trying out different ways of being supported, you should find the level of help that suits you best.

Contact Solihull SENDIAS for more help, support or to ask any questions.

Contact us for FREE, impartial help & support



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www.solihull-sendias.org.uk