

## National Resources and Useful Contacts for Parents, Children and extended Family members

Click on the links to direct you to the following websites;

- www.cafcass.gov.uk Lots of useful information on all aspects of separation, Parenting plan and Family Justice and Young Peoples Board.
- www.nfm.org.uk Information on how to find a local Family Mediator and other useful Mediation information
- www.sortingoutseparation.org.uk Useful information and helpful government advice
- www.dad.info/article/category/family/divorce-and-separation/ Managing conflict without destroying your relationship
- www.singleparents.org.uk/parenting/contact/when-you-and-yourex-disagree
  Single Parent Action Network. Practical advice on all aspects of parenting and relationships.
- www.gingerbread.org.uk Advice and practical support for single parents
- <u>www.wikihow.com/cope-with-separation</u> Information and techniques on how to cope with separation
- <u>www.afathersfriend.co.uk</u> Information and support for fathers going through the court process
- www.kinship.org.uk Information for all carers including grandparents, siblings and extended family members
- <a href="www.proud2be.org.uk">www.proud2be.org.uk</a> a grassroots queer-led social enterprise that exists to support and enable LGBTQIA+ people in Devon (and beyond) to thrive, be free, safe, and proud to be themselves.

## Government Websites;

Local information such as Local Authorities, Children's Centres and Hubs can be found by searching the web, putting in the area you live and the service you require.



